LEADING HIGH PERFORMANCE TEAMS



Training Objectives

This workshop will help you to

- ✓ define your role and leadership style
- ✓ create a vision for yourself and your team
- ✓ define and create high performance outcomes
- ✓ improve your communication styles across all levels
- ✓ how to get the best out of those you lead
- ✓ communicate effectively with team members, so that everyone contributes to team goal
- ✓ define and establish responsibilities and boundaries
- measure and celebrate success

COURSE CONTENTS

Welcome and Introduction

- ✓ Ground rules and logistics
- Workshop participant outcomes
- Training outcomes, manual and timings

High Performance Leadership

- Your role and expectations
- ✓ Types of leadership and benefits
- ✓ Defining your style and strategies
- ✓ Your role within the organisation
- ✓ Responsibility and influence
- ✓ Defining successful outcomes for your role and your team

Vision and Team Collaboration

- ✓ Strategies to define and enable high performance
- ✓ Setting team goals and contribution
- ✓ Defining expectations and boundaries
- ✓ Understanding and utilising the assets of your team members
- Communicating your vision and expectations
- Mitigating barriers to success

Communication Strategies

- Verbal and nonverbal communication
- ✓ Assess and create flexibility in your communication style
- Transparency in communication
- Building trust and respect
- ✓ Increase engagement and rapport
- Listening and feedback

Leading Successful Meetings and Team Interaction

- ✓ Create clarity and measure results
- ✓ Use your influence and congruence
- ✓ High performance measurements and agreements
- ✓ Types for meetings and purpose
- Meeting agendas and creating outcomes
- ✓ Follow up strategies

Integration

- ✓ Work life balance a neuroscience perspective
- ✓ A process to integrate the information, and create flexibility in multiple contexts
- Create a draft action plan



Mind Skills Mastery, a Division of K2 & Associates Ltd Contact us on 04 212 5299 or email office@mindskillsmastery.com to discuss your requirements for Leadership Coaching and Training

This workshop is both information training and experiential, you get to apply the learning in real time. Direct experience during the training enables participants to modify, adapt and personalise the learning to your role. All participants receive a reference workbook to facilitate ongoing excellence.

K2 & Associates Ltd Elevating Excellence for Peak Performance