

NEURO COMMUNICATION TRAINING



Training Objectives

This workshop will help you to:

- ✓ Communicate and negotiate effectively with anyone
- ✓ Understand and adapt your own communication styles
- ✓ Multi track and calibrate communication in meetings and relationships
- ✓ Solve problems and make effective decisions
- ✓ Create communication outcomes for effective results
- ✓ Apply leading edge linguistic and behavioural strategies
- ✓ Apply digital communication strategies to improve messaging and responsiveness

COURSE CONTENTS

Welcome and Introduction

- ✓ Ground rules and logistics
- ✓ Workshop participant outcomes
- ✓ Communication and neurological frameworks
- ✓ Training outcomes, manual, and timings

State

- ✓ Your most powerful asset and how to utilise it
- ✓ How to break the states that set you off on the wrong path
- ✓ How to install the states that support you in communicating effectively

The structure of communication

- ✓ The conscious/ unconscious relationship in your mind, mental ambidexterity
- ✓ How to immediately create rapport and congruency within yourself and with others
- ✓ Learn the language gap which leads to miscommunication and how to utilise it
- ✓ Common barriers and strategies for great communication and understanding

Unconscious resources

- ✓ The structure of a problem and how to access the solution
- ✓ Learn to access your internal references to create effective outcomes
- ✓ How thoughts and emotions work, and how to utilise them to achieve positive outcomes

Communicate with Intent

- ✓ How communication can create frustration and difficulty
- ✓ Learn the different levels people communicate on
- ✓ Use a communication “map” to create understanding and get effective results
- ✓ The structure of non judgmental awareness and observation

Time

- ✓ The structure of internal time referencing and how to manipulate it in your favour
- ✓ How time affects your state, communication and results

Integration

- ✓ A process to integrate new performance, information, and create flexibility in your role
- ✓ Create a personal action plan for continuous improvement



Mind Skills Mastery, a Division of K2 & Associates Ltd
Contact us on 04 212 5299 or email office@mindskillsmastery.com
to discuss your requirements for Neuro Communication Training

This workshop is both information training and experiential, you get to apply the learning in real time. Direct experience during the training enables participants to modify, adapt and attain flexibility in communication. All participants receive a reference workbook to facilitate ongoing excellence.

